



# URINE TESTS

If the doctor suspects that your child has a urine infection, a urine test will be required. A urine test is the only way to know for sure if your child has an infection. Urine infections cause children to have high temperatures and become unwell. Sometimes they can make children seriously ill, especially babies and young children.

Urine infections cannot be diagnosed with urine from a bag specimen. It is important that the urine is obtained from your child in a germ-free (sterile) way. Urine specimens are first tested with a dipstick. This can help show if there is any signs of infection, but a final diagnosis can only be made by sending the urine to a laboratory for further tests which may take two to three days. You do not need to contact us for the results as the doctor will contact you if needed following the receipt of the results.

## WAYS TO COLLECT URINE FOR TESTING

Babies and small children cannot pass urine into a pot when asked. The nurse will therefore need to use different methods to obtain a germ-free sample. There are two ways to get urine from your child:

1. "Clean-catch": Your child will need to sit on a sterile container that the nurse will provide to allow us to get a free flowing specimen of urine.
2. Catheter: a small tube is put into the bladder through the urethra (the hole where the urine comes out). In infants or children that are not toilet trained, a catheter specimen is best.

## KEY POINTS TO REMEMBER

- Urine infections can be serious in babies and children
- A urine test is the only way to know for sure if your child has a urine infection
- If your child has a urine infection, they may need other tests and treatment

AL JALILA CHILDREN'S HOSPITAL ...

## A PLACE WHERE I CAN BE A CHILD

Our patients are no ordinary patients, which is why our hospital is no ordinary hospital. It's an inspiring, child friendly world with innovative facilities and highly qualified doctors who know everything there is to know about young bodies and minds. We have spared no efforts in ensuring that our services and our facilities are customized to eliminate any stress or anxiety that might affect the children from being in a traditional hospital environment. Our care and attention goes beyond the patients and reaches out to their families, for we firmly believe that all children are entitled to a happy and normal childhood, regardless of their medical condition.

For more information, please visit  
[www.aljalilachildrens.ae](http://www.aljalilachildrens.ae)

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